



THE DISABLED ACCESS FRIENDLY CAMPAIGN

The following lesson entitled "From Disability to Capability" was kindly provided by Dr. Luke Prodromou, who is a freelance teacher, teacher-trainer and materials writer. He has trained teachers in many European and Latin American countries. Luke has published numerous articles, and written textbooks for all ages and levels. He has a special interest in drama for teaching purposes, the washback effect of exams and mixed-ability classes.

Luke has published widely in ELT magazines and journals and is the author of *Smash* (A-D, Macmillan) and co-author of *Dealing with Difficulties* (Winner of the Ben Warren Prize and an English Speaking Union Award and was shortlisted for an ELTON). His latest coursebook is *Flash on* (for Italian state schools).

Luke graduated from Bristol University in English with Greek and has an MA in Shakespeare Studies (Birmingham University) Diploma in TEFL, with distinction (Leeds University) and a Ph.D (Nottingham University). His book *English as a Lingua Franca* was reissued in paperback in 2010.

FROM DISABILITY TO CAPABILITY

SPORT

VOCABULARY

1. Which of the sports in the table have you done? Tick the boxes.

	SPORT	Me	Oscar	Erik
1	wrestling			
2	running			
3	rugby			
4	climbing			
5	scuba diving			

6	tennis			
7	skydiving			
8	water polo			
9	ski-ing			
10	cycling			

READING

2. Read the texts. Which sports have Oscar and Erik done?

OSCAR

Oscar was born in South Africa in 1986.

- When he was 13, he played rugby in the school team
- he has also played water polo and tennis
- he has won gold medals in the 100, 200 and 400 metres sprints
- he has taken part in Olympic wrestling
- In 2005, he won first prize in the South African Championships in the 400 metres:
- In 2007, Oscar ran in the 400-metre race at Rome's Golden Gala and finished second.
- He has done a degree in business management and sports science.
- He has published an autobiography, *Dream Runner*, in Italian and in English:
- In 2007, Oscar won the BBC's Sports Personality of the Year award.
- In 2008, Oscar was one of *Time* magazine's 100 most influential people in the world.
- Oscar is a supporter of Italian football club, Lazio
- In 2008, in Italy, he made a music CD called *Olympic Dream*.

ERIK

Erik was born in Hong Kong in 1968.

- He has climbed Mount Everest
- He has written a book about the journey and an autobiography
- At school, he was the wrestling captain and a star wrestler.
- He has done a master's degree in Education
- He has also done skydiving, scuba diving, cycling, ski-ing; he has run the marathon
- He has climbed the Andes with a group of blind teenagers.
- Erik is an inspiring speaker; his talks have inspired hundreds of people all over the world.
- In 1997, he married his wife, Ellen, at the top of the Mount Kilimanjaro

But there's something about Oscar and Erik we haven't told you yet. Look at the title of the text: From disability to capability. Can you guess what it is?

Read the note at the end of this lesson for the answer.

READING

3. Complete the chart:

Who is it, Erik, Oscar or both? Tick the boxes.

		ERIK	OSCAR
1	He is a good speaker		
2	He has written a book.		
3	he has made a CD		
4	he has been to University		
5	he was a sports captain at school		
6	he likes football		
7	He got married in a strange place		

GRAMMAR

4. Make questions from these prompts.

1. Where/Erik/get/married? *Where did Erik get married?*
2. Who/climb/the/Andes? _____.
3. Who/be/sports personality of the year?_____.
4. Who/write/travel book?_____.
6. Who/write/ autobiography?_____.

GRAMMAR

5. Write 7 examples of the present perfect and simple past using some of these verbs.

climb beat run do win marry write publish take part

	Present perfect	Simple past
1	He has <u>climbed</u> Mount Everest	He <u>won</u> first prize
2		
3		
4		
5		
6		

GRAMMAR

6. Complete the gaps in the following sentences using the correct form of these verbs.

win play climb beat run do

1. Brazil have _____ the World Cup five times.
2. In 2006, Italy _____ France 5-3 in the final.
3. Edmund Hilary _____ Mount Everest in 1953.
4. In the Beijing Olympics, Usain Bolt ran 100m at 9.69 seconds
5. Bolt, the fastest man on earth, has _____ a lot of world records
6. Have you ever _____ any scuba doing?

VOCABULARY

7. Match the equipment with the correct sport:

	EQUIPMENT		SPORT
1	racquet	A	golf
2	basket	B	tennis
3	net	C	football
4	club	D	basketball
5	bat	E	squash
6	boots	F	cricket
7	poles	G	water polo
8	swimwear	H	basketball
9	ball	I	rugby
10	stumps	H	ski-ing

VOCABULARY

8. In which game or games do we...? Write the names of the sport:

(a) throw the ball _____ (b) kick the ball _____ (c) head the ball _____ (d) catch the ball _____ (e) hit the ball with a racquet or bat _____ (f) pass the ball with our hands _____ (g) jump for the ball _____

WRITING

9. Make a note of your answers to these questions.

Which sports...?

1. are popular in your country?
2. do you enjoy watching?
3. do you play?
4. are dangerous?
5. are expensive?
6. is your country good at?

10. Now write a paragraph about 'Me and Sport' using your notes from above to help you.

DIALOGUES

11. Write dialogues, like this;

A: Which sport have you played?

B: Football and basketball

A: Which sports have you never played?

B: I've never played golf

A: Why not?

B: It's expensive.

12. Practise the dialogues with a partner.

SPEAKING

13. Write answers to these questions:

1. Which sports....

(a) do you play regularly?

(b) which sports have you played in the past?

(c) which sports do you watch regularly?

(d) have you never played or watched?

(e) what sport has made you feel free?

Now ask and answer questions with a partner.

ROUND UP

14. Fill in the gaps with ONE word:

Oscar was (1)_____in South Africa in 1986.

- When he was 13, he played rugby in the school (2)_____

- he has won gold medals in the 100, 200 and 400 metres (3)_____.
- he has taken part (4)_____ Olympic wrestling
- In 2005, he won first (5)_____ in the South African Championships in the 400 metres:
- In 2007, Oscar (6)_____ in the 400-metre race at Rome's Golden Gala and finished second.
- Oscar is a (7)_____ of Italian football club, Lazio

ERIK

Erik was born in Hong Kong in 1968.

- He has (8)_____ Mount Everest
- At school, he was the wrestling (9)_____ and a star wrestler.
- He has (10)_____ the marathon

SPELLING

15. Put these letters in the correct order to make words to do with sport.

1. N N T E I S: _____

2. B K E T B A S A L L : _____

3. A Q U S H: _____

4. B E B A A S L L : _____

5. C C K R E I T: _____

6. U R B Y G: _____

7. FOTOBALAL: _____

8. CIMBNGLI: _____

9. KYSVINDIG: _____

10. HATTILECS: _____

HOMEWORK

1. Think about the advantages and disadvantages of the following sports for people with disabilities. Choose one, search the net and other resources for ideas. Make notes about why practising these sports can be beneficial.

Horse-riding swimming archery wheelchair basketball

Think about these questions

What equipment do you need?

Where do you do it?

It is a team sport or an individual sport?

2. What other sports do people in disabilities take part in? Do some research and write a summary of 150 words.

3. Write a letter to a person with a disability Ask him or her three questions about her life. Ask her about how she feels about sport. Which sports does he/she like/take part in? Tell the person what you have found out about sport and people with disabilities and how it has changed your way of looking at sport and people with disabilities.

Note

Oscar Pistorius has artificial legs; Erik Weihenmayer is blind.

ANSWERS

4.

1. Where did Erik get married? 2. Who climbed the Andes? 3. Who was the sports personality of the year? 4. Who wrote / has written a travel book? 5. who wrote/has written a biography?

5.

1. He has climbed Mount Everest/ He won first prize

2. Who beat the world record? Who has beaten the world record?

3. I ran all the way to school/I have never run the marathon.

4. I did all my homework / I have done a lot of sports but I've never done any ski-ing.

5. I woin first prize/ She has never won a prize at school.

6. She married him because he was a good man / Maria has never married.

7. I wrote an email yesterday / I have written ten text messages today.

6.

1. won 2. beat 3. climbed 4. ran 5. broken / beat 6. done

7.

1 tennis / squash 2. basketball 3. tennis / football 4. golf 5. cricket / table tennis 6. football / rugby 7. ski-ing 8. water polo 9. all except for ski-ing 10. cricket

8.

a. football / water polo / cricket basketball b. football c. football / water polo d. rugby / cricket / basketball e. tennis / cricket/ squash f. basketball/ rugby / water polo g. rugby / basketball/ cricket

15.

1. tennis 2. basketball 3. squash 4. baseball 5. cricket 6. rugby 7. football 8. climbing 9. skydiving 10. athletics

The other answers are in the text or are open-ended.